



# hughes syndrome foundation

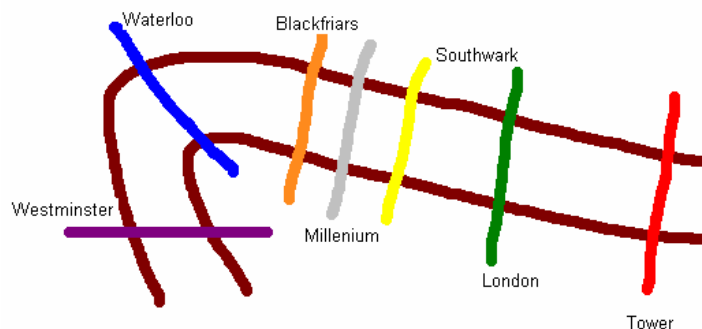
## London Bridges sponsored walk Sunday 7th September 2008

Hughes Syndrome, which is also known as the antiphospholipid syndrome or sticky blood, is a medical condition in which there is a tendency for the blood to clot. The disease presents many clinical features including headaches and migraines, memory loss, strokes and thrombosis (DVTs). It can also a leading cause of recurrent miscarriage and other pregnancy problems.

The good news is that, once diagnosed, Hughes Syndrome can be potentially easily treated; the bad news is that, as the condition is relatively new, it often goes undetected or misdiagnosed. Our charity hopes to raise the profile of Hughes Syndrome so that we can discover more about its causes, prevalence and treatment.

This is why we are organising a ...

### SPONSORED WALK OF THE LONDON BRIDGES



Starting at 11.00 am on Sunday 7th September 2008, we will begin the walk at Tower Bridge then make our way to Westminster Bridge, crossing all the bridges in between. There are seven in all and they turn the walk into an interesting historical tour as well as a healthy way to raise funds for our charity! The walk usually covers approximately 4 KM and takes about one and a half hours.

For more information and sponsorship forms, please contact Kate Fitzpatrick at the Hughes Syndrome Foundation on 0207 188 8217 or email us at [hsf@btconnect.com](mailto:hsf@btconnect.com).